

HEART TO HEART TALK

January 2022



A LOOK INSIDE THIS ISSUE

From the Desk of Chitra Viswanathan

Impact Stories

Screening Camps Roundups

Aishwarya Trust Highlights - 2021

Update on ATBIS Platform

Donor Corner

Miscellaneous News

FROM THE DESK OF CHITRA VISWANATHAN

Season's Greetings and best wishes to you and your dear ones for a healthy and fulfilling 2022!

The last two years have been unprecedented, shaking our collective lives and routines; testing our patience and resilience. However, in many ways, it also brought out the best in people and Aishwarya Trust was a true beneficiary of this.

Our team of doctors headed by Dr.K.R.Balakrishnan, went way beyond their call of duty and made sure that the emergency cases were attended to, even when it meant exposing themselves and their families to the Covid virus. We value their service and are extremely proud of our team of doctors for their selflessness and commitment...We are honored to work with this awesome team!

Our donors stood by us, understanding the delay caused by the lockdown, and patiently waited for the program to restart. Despite the pressure on Corporates for COVID funding, they honored their commitment to Aishwarya Trust and allocated funds to our program. We are truly grateful to each of our corporate donors. Without this support, many precious young lives may have been lost to CHD.

Our core screening camp program suffered a setback during May & June due to COVID lockdowns. However, since July 2021, as the situation steadily improved, the Government Medical Colleges were eager to have us back and recommence our CHD screening camps. Dr. Ramya Sri and Dr. Rajesh Kumar were back in the field screening and diagnosing children in need of further medical intervention. Our team of surgeons, Dr. Ganapathy Subramanian and Dr. Pradeep were performing 2-3 surgeries/device procedures daily. We closed out the year 2021 with an impressive record for

screening camps, the number of children screened, and surgeries/interventions performed, and funding heart transplants.

This year also marked the first where we collaborated with corporate donors like TERUMO India and Bajaj Allianz to provide COVID relief work.

January 2022 will also see a relaunch of our data platform ATBIS version 2.0. This updated platform will move Aishwarya Trust a step closer to preparing for the future. Along with patient data, we will now collect clinical data to enable our team of doctors with robust data analysis and provide valuable inputs to write research papers for publications.

Much of what we have achieved this year has been possible because of the generosity of our corporate donors. We are truly grateful to them for their support.

Aishwarya Trust works as a team and draws strength from each other. Our heartfelt thanks to our Program Coordinators who regularly attended office at MGM Hospital despite the Covid risks. Their sacrifice and commitment to our work are greatly appreciated and acknowledged. Our deep gratitude to our esteemed Trustees, respected Auditors and marketing team.

We, the Trustees of Aishwarya Trust, look forward to a year of good health which will give us all the strength to carry on our meaningful mission with greater zest and energy.

Best Wishes,
Chitra Vishwanathan

IMPACT STORIES



Beneficiary: Jeevitha A
Corporate Donor: HDFC Life



One-year-old Jeevitha A. is the daughter of a daily wage earner from Vellore. At a Vellore screening camp, she was screened and diagnosed with congenital heart disease. The child had a large 13mm malaligned subaortic with inlet and muscular extension shunting bidirectionally. She underwent a VSD closure procedure on September 23, 2021. Aishwarya Trust, with support from HDFC Life, was able to fund the surgery. Jeevitha was discharged on September 28th after successful surgery to the delight of her parents.



Beneficiary: Muhammed Musthafa P.M
Corporate Donor: HT Parekh Foundation



Eleven-year-old Muhammed Musthafa suffered from Cyanotic Congenital Heart Disease since birth. A heart transplant was the only option to save the life of this young boy. Muhammed's family hailed from Palakkad, Kerala. His father worked as a daily labourer in a curtain blinds manufacturing firm. The cost of a heart transplant was way beyond the means of this family. Hearing the plight of this young boy, Aishwarya Trust stepped forward to fund the transplant with generous support from HT Parekh Foundation. Muhammed underwent a successful heart transplant on October 17, 2021. Today, he is all smiles and ready to live a normal life. His parents are grateful to the Trust for saving their first-born son's life.

Beneficiary: Munishwary
Corporate Donor: Acsys Investments

Sundarajan, a daily labourer, and his homemaker wife were eagerly awaiting the birth of their daughter. A baby girl was born in May 2021. However, soon after birth, the doctors informed the shocked parents that the baby had to undergo an arterial switch operation. This is an open-heart surgical procedure to correct the position of the great arteries. Without surgical correction, a newborn would not survive due to heart failure. The worried parents wondered how they could afford the cost of such a surgery. Luckily, the family was referred to MGM Hospital, Chennai, where they heard of Aishwarya Trust. The Trust stepped forward to fund the entire cost of the surgery with support from corporate donor Acsys Investments. With timely intervention, the baby was able to recover fully. Her parents now look forward to seeing her grow healthy.

SCREENING CAMPS ROUND-UP

Our screening camps re-commenced once the Covid -19 lockdown was lifted after the second wave. Government Medical Colleges & Hospitals were eager to restart the successful screening camps for CHD. In addition to our regular camps at Vellore, Tiruvannamalai, and Vizhupuram, we added several new camps to our roster in 2021. With the growing demand for CHD screenings, it provided us an opportunity to extend the camps to other areas of Tamil Nadu - Mayiladurai, Cheyyar, Tirupur, Madurai Samayanallur, Nagapattinam, and Pudukottai districts benefited.

For the first time, the CHD screening camp program expanded beyond Tamil Nadu into the Eastern region of the country. Aishwarya Trust in partnership with MGM Healthcare & SIMR Healthcare Ltd, held a camp in Siliguri, on November 28th and at Jalpaiguri, West Bengal, on November 29th. Children identified with CHD will be brought to MGM Healthcare Hospital, Chennai for surgery/intervention procedure. Similar camps are planned in the near future at Gangtok and Darjeeling.

Aishwarya Trust in partnership with MGM Healthcare has plans to also move into Andhra Pradesh. Screening camps will soon be held at Kadappa, Tirupathi, and Nellore districts, AP. We hope to maintain this momentum in 2022 as well and continue to spread our wings to bring CHD awareness to new regions and underserved communities that need help the most.



AISHWARYA TRUST HIGHLIGHTS - 2021

 <p>1, 84, 180 CHILDREN SCREENED</p>	 <p>2419 SCREENING CAMPS</p>
 <p>4770 SURGERIES PERFORMED</p>	 <p>110 HEART TRANSPLANTS</p>

UPDATE ON ATBIS DATA PLATFORM

In our newsletter dated January 2021, we shared the news about the launch of our data platform – Aishwarya Trust Beneficiary Information System (ATBIS). A year later, in January 2022, we are ready to launch our new version of ATBIS 2.0. This ATBIS database was conceived and created to help with the effectiveness of our CHD program. In addition to capturing key information of Aishwarya Trust's beneficiaries through the lifecycle of their engagement with the AT, the new version is designed to capture clinical data as well. Built with software developed by ZMed Health Technologies, the updated platform will provide a robust database to enable our team of doctors to gain complete access to information. Further, it will enable the AT team of doctors to document the outcomes of the Trust's work, provide valuable data analysis and material for research publications.

DONOR CORNER

			
			
ACSYS Investments Pvt Ltd	Svardann Trust	Sri Nataraja Trust	Blue Star Foundation
HDFC Investments Ltd			

Aishwarya Trust acknowledges our main donors and are grateful for their continued support.

TERUMO PARTNERS WITH AISHWARYA TRUST FOR COVID RELIEF WORK

During the second wave of the pandemic, TERUMO (India, Japan, Europe) collaborated with Aishwarya Trust to provide relief work by generously supplying 60 BIPAP machines and masks to various hospitals in Tamil Nadu, Kerala, and Manipur. These machines were particularly useful to serve the needs of several Neonates and children from underprivileged sections of society, requiring respiratory support during their hospitalization in ICUs.



AISHWARYA TRUST DONATES YET ANOTHER ECHO MACHINE TO MGM HEALTHCARE

In 2021, Aishwarya Trust donated one more ECHO machine for use during in-house screening and at ICU bedside at MGM Healthcare. This is the third machine we have donated to MGM Healthcare. A portable ECHO machine is currently in use for screening at CHD camps.

AISHWARYA TRUST NOMINATES MGM HEALTHCARE TO RECEIVE A NEW AMBULANCE FROM BAJAJ ALLIANZ.

On July 16, 2021, Aishwarya Trust had the privilege of nominating our partners MGM Healthcare to receive a new ambulance donated by Bajaj Allianz GIC as part of their #SavingLives initiative.

This ambulance is dedicated to transporting emergency and COVID patients to MGM Healthcare for further care. In addition, the ambulance is also used for transporting heart and lung organs for transplant.

VP of Bajaj Allianz handed over the new ambulance to the MGM team at a special event held at the hospital.



On behalf of MGM Healthcare, Mr. Udit Shrivastava, Group Insurance Head L&T & Chief Guest, receives keys from the Bajaj Allianz team. Dr. K.R. Balakrishnan and Dr. Suresh Rao represented the Aishwarya Trust team.



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